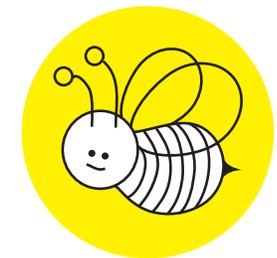
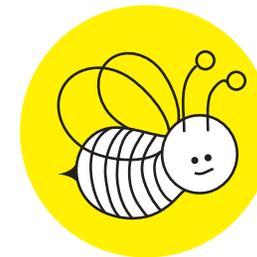
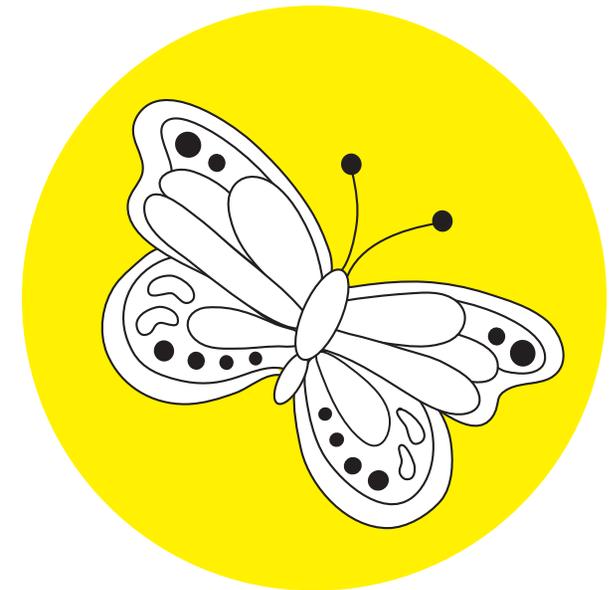


Occupy Monsanto

1. Make a commitment and break up with Genetically Modified Organisms (GMOs)! In your kitchen there might be GMOs lurking in almost every corner. Live a GMO Free Life!
2. Support the Oct 12 March on Monsanto! Organizers are planning marches across the globe. Join a march to call for a permanent boycott of GMOs & other harmful agro-chemicals. Ride the bus, train, bike, walk or carpool to the march! march-against-monsanto.com
3. Traveling! On a road/day trip think ahead & bring enough of your own snacks. Or if you need to pick up more food, stick to fresh fruit & vegetables, and items that are the least processed. On international travels, seek out local grocery stores or farmer's markets.
4. Host a GMO-Free Potluck! Communal meals are time to catch-up with friends & making new acquaintances. Sharing an eclectic meal that represents the likes & traditions of various palates, diets, and cultures can be a lot of fun!
5. Support Mother Earth! Plant trees & shrubs early in the fall for the plants to develop a good root system. Don't buy bottled water. Use environmentally friendly water jugs.
6. War is Not Green! From 1965 to 1969, the former Monsanto Co. was 1 of 9 wartime government contractors who manufactured Agent Orange. Agent Orange was a herbicide used by the U.S. military on innocent civilians in the Vietnam War. Give peace a chance and give to an organization working against war such as CODEPINK, Veterans for Peace & Iraq Veterans Against the War.
7. Start a community garden! Determine what kind it should be (vegetable, flower, both), who will be involved & benefit. Invite neighbors, tenants, community organizations etc. – anyone who is interested. Every organic/ pesticide-free garden needs pollinators and bees & butterflies are among the best. GMOs are threatening the pollinator population.
8. BOYB: Bring Your Own Bag! Carry reusable bags if you have to shop. Reusable bags are better for the earth, wildlife & people.
9. Support local business! Buy recycled goods. Wear sweat-shop free clothing or reused clothing from a vintage store. Purchase animal cruelty free products. Buy local, organic food from your local farmer's market or Community Supported Agriculture (CSA).
10. Boycott AHAVA Cosmetics! Ahava is hiding the ugly truth—its products actually come from stolen Palestinian natural resources in the Occupied Territory of the Palestinian West Bank. www.stolenbeauty.org



CODEPINK

www.womenoccupy.org

#marchagainstm Monsanto #MAM #012

